

# Ukraine

10 days

## Kiev - Odessa

**/4 days - Odessa ; Kiev – 4 days, /**

**4 compet/10-15 matches /trainings with local teams**

**The daily program is flexible and can be changed after discussions with coaches!**

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### **1<sup>st</sup> day Fly to Ukraine**

### **2<sup>nd</sup> Day – Kiev, Odessa**

11.00 – arriving in **Kiev** and go to Odessa  
16.00 – arrival in Odessa and check-in at the hotel  
17.00 - training  
19.00 - Dinner  
20.00 – free time

### **3<sup>rd</sup> Day – Odessa**

08.30 – breakfast  
09.30 – getting to know Odessa  
13.00 – lunch  
14.00 – free time  
16.00 – **training/competition**  
20.00 – dinner  
  
21.00 – free time

### **4th Day – Odessa**

08.30 – breakfast  
09.30 – sightseeing  
13.00 – lunch  
14.00 – free time  
16.00 – **training/ competition**  
20.00 – dinner  
  
21.00 – free time

### **5<sup>th</sup> Day – Odessa**

08.30 – breakfast  
09.30 – sightseeing  
13.00 – lunch  
14.00 – sightseeing and shopping  
20.00 – dinner

21.00 – free time

### **6<sup>th</sup> day – Kiev**

08.00 – breakfast

09.00 – departure for Kiev

12.30 – arrival in Kiev and check-in at the hotel

13.30 – lunch

14.30 – relaxation

16.30 – **training**

20.00 – dinner

21.00 – free time

### **7<sup>th</sup> Day – Kiev**

08.30 – breakfast

09.30 – getting to know Kiev

13.00 – lunch

14.00 – free time

16.00 – **training/competition**

20.00 – dinner

21.00 – free time

### **8<sup>th</sup> Day – Kiev**

08.30 – breakfast

09.30 – sightseeing

13.00 – lunch

14.00 – free time

16.30 – **competition**

20.00 – dinner and night walk

21.00 – free time

### **9<sup>th</sup> Day – Kiev**

08.30 – breakfast

09.30 – sightseeing

13.00 – lunch

14.00 – sightseeing and shopping

20.00 – dinner

21.00 – free time

### **10<sup>th</sup> Day – flight to USA**

## INFORMATION ABOUT UKRAINE

### Odessa



Odessa - legendary city of the former Soviet Union. City of romance, art, humor, poems, theaters and museums. Odessa is a very special city, - city with its own very special culture. Our city is our life! Odessa is situated in Eastern Europe, at the Black Sea coast. It is a very important port and one of the most beautiful cities in the Republic of Ukraine and Europe in all. The city itself is full of historical, architectural, cultural and scientific interest, proud of its past and its traditions. Odessa is a wonderful center of literature, design, art and industries. The population of Odessa is over million.



### Kiev



Kyiv, a scenic city of close to 3 million people situated on the Dnepr River, is the bustling capital of Ukraine. Ancient Kievan Russ, which reached its greatest period of ascendancy during the 11th and 12th centuries, was a center of trade routes between the Baltic and the Mediterranean. The city of Kyiv and the power of Kievan Russ were destroyed in 1240 by Mongol invaders and the lands of Kievan Russ were divided into principalities located to the west and north: Galicia, Volynia, Muscovy and later, Poland, Lithuania, and Russia. Once a powerful force on the European scene, Ukraine's fate in modern times has been decided in far-off capitals. As a result, modern Ukrainian history, for the most part, has been defined by foreign occupation. But after gaining the independence by Ukraine in 1991 it significantly restored it's political and economic weight